

Rumba Lenta

Choreographers: JL and Linda Pelton

Rumba Phase 4 + 2 (Flirt, Full Natural Top)

"Slow Rumba" Helmut Licht, The Slow CD Track 5

Sequence: Intro A, B, C, D, Ending

Intro:

Right Foot Free for both;;

Circular Serpiente;; Opposite Fence Line Twice;

Man in Two on Second;

Part A:

Open Hip Twist; Fan; Hockey Stick;;

Check Forward and Lady Develop'; Aida Man Backs Up;

Switch Cross; One Cucaracha; Open Break;

Full Natural Top;; Face Wall BFLY;

New Yorker; Aida; Switch Cross;

Part B:

Crab Walk Ending to Handshake; Full Flirt;;

Opposition Fence Line Lady Swivel to Face;

Aida; Switch Rock; Spot Turn; Alemana;;

Lariat;; Half Basic; Fan;

Hockey Stick to a Handshake;; Shadow New Yorker Twice;;

Part C:

Trade Places Twice;; Open Break; Crab Walks;; New Yorker;

Open Hip Twist Overturned Man in 2 to Varsouvienne;

Parallel Chase;; Left Face Lariat; Lady Transition;

Open Hip Twist; Fan; Alemana;; One Shoulder to Shoulder;

Part D:

Crab Walks;; Fenceline; Back Shoulder to Shoulder Twice;

Handshake; Start Flirt; Fan;

Start Hockey Stick to Tandem Wall; Opposite Fence Line Back to Fan;

Hockey Stick Lady Overturn;; Slow Forward Lady Swivel; Back Run 3;

Back Corte and Recover Face Wall; Cross Body;;

Ending:

Open Hip Twist; Fan; Start Alemana;

Thru Aida; Switch Rock; Finish Alemana; Back Corte;