

# FROM HELLO



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**Music:** "You Had Me From Hello" by Kenny Chesney CD: Everywhere We Go, Track 3  
Music Length: 3:50 as downloaded slowed 13%

**Rhythm/Phase:** Slow Two Step 4+2 (Sweethearts, Triple Traveler)

**Released:** July 2016

**Footwork:** Opposite except where noted

**Difficulty:** Difficult

**Sequence:** Intro, A, B, Interlude, A, B, C, Ending

## INTRO:

- 1-4 WAIT 2 MEASURES ; ; OPEN BASIC TWICE ; ;**
- 1-2 BFLY wall wait two measures;;
- 3-4 {open basics} Sd L, -, turning to left ½ OP break bk R, rec L to cuddle position; Sd R, -, turning to ½ OP break bk L, rec R preparing to pickup lady;
- 5-8 LEFT TURN INSIDE ROLL ; BASIC ENDING ; LEFT TURN INSIDE ROLL ; BASIC ENDING ;**
- 5 {left turn inside roll} Fwd L turning LF to face COH, -, sd R, XLIF (bk R turning LF ¼, -, sd L turning LF under lead arms, sd R continue turning LF to face partner);
- 6 {basic ending} Sd R, -, XLIB, rec R (Sd L, -, XRIB, rec L);
- 7 {left turn inside roll} Fwd L turning LF to face WALL, -, sd R, XLIF (bk R turning LF ¼, -, sd L turning LF under lead arms, sd R continue turning LF to face partner);
- 8 {basic ending} Sd R, -, XLIB, rec R (Sd L, -, XRIB, rec L);

## PART A:

- 1-4 UNDERARM TURN ; OPEN BREAK ; CHANGE SIDES UNDERARM ; BASIC ENDING ;**
- 1 {underarm turn} Sd L, -, XRIB, rec L (Sd R commence to turn RF under lead arms, -, XLIF turning to face RLOD, fwd R commence to face M);
- 2 {open break} Sd R, -, apt L, rec R;
- 3 {change sides underarm} Leading W to turn LF under join hands fwd L turning RF to face DRW, -, sd R to face COH, XLIF (W fwd R turning LF under joined hands to momentarily face DRW, -, sd L to face partner & WALL, XRIF to BFLY);
- 4 {basic ending} Sd R, -, XLIB, rec R (Sd L, -, XRIB, rec L);
- 5-8 TWISTY BASIC ; ; RIGHT TURN OUTSIDE ROLL ; BASIC ENDING ;**
- 5-6 {twisty basic} Sd L, -, XRIB, rec L (sd R, -, XLIF, rec R); sd R, -, XLIB, rec R (sd L, -, XRIF, rec L);
- 7 {right turn outside roll} Crossing in front of W sd & bk L face LOD, -, sd & bk R turning RF to face WALL lead W under joined lead arms, XLIF of R face WALL (fwd R LOD commence RF twirl under lead arms, -, twirl L, R to face);
- 8 {basic ending} Sd R, -, XLIB, rec R (Sd L, -, XRIB, rec L);
- 9-12 BASIC ; ; LUNGE BASIC TWICE ; ;**
- 9-10 {basic} Sd L, -, XRIB, rec L; sd R, -, XLIB, rec R;
- 11-12 {lunge basics} Sd L blending to BFLY, -, rec R, XLIF (XRIF); Sd R, -, rec L, XRIF (XLIF);
- 13-16 UNDERARM TURN ; OPEN BREAK ; OPEN BASIC TWICE PICKING UP ; ;**
- 13 {underarm turn} Sd L, -, XRIB of L, rec L (Sd R commence to turn RF under lead arms, -, XLIF turning to face RLOD, fwd R commence to face M);
- 14 {open break} Sd R, -, apt L, rec R;

15-16 {open basics} Sd L, -, turning to left ½ OP break bk R, rec L to cuddle position; Sd R, -, turning to ½ OP break bk L, rec R leading lady to pickup [LOD];

**17-20 TRIPLE TRAVELER ; ; ; BASIC ENDING ;**

17-19 {triple traveler}; Raising lead hand fwd L turning LF to face DLC, -, sd R, XLIF (W bk R turning LF ¼, -, sd L turning LF under lead hands, sd R continue turning LF to face partner); Fwd R spiral LF under joined hands, -, lowering hands fwd L, R (W turn face LOD fwd L, -, fwd R, fwd L); Fwd L bringing hands down & bk, -, sd & fwd R bringing hands up around leading W to roll RF, XLIF [COH] (W fwd R commence RF turn, -, sd & bk L turning RF under joined hands, continue RF turn fwd R);

20 {basic ending} Sd R, -, XLIB, rec R (Sd L, -, XRIB, rec L);

**21-24 3 ALTERNATING UNDERARM TURNS LADIES ; MEN ; LADIES ; BASIC ENDING PICKING UP LOW BFLY [RLOD] ;**

21 {underarm turn} Sd L, -, XRIB of L, rec L (Sd R commence to turn RF under lead arms, -, XLIF turning to face RLOD, fwd R commence to face M);

22 {man underarm} Sd R commence to turn RF under trail arms, -, XLIF turning to face LOD, fwd R to face Lady (W offering left palm face upward Sd L, -, XRIB of L, rec L);

23 {underarm turn} Sd L, -, XRIB of L, rec L (Sd R commence to turn RF under lead arms, -, XLIF turning to face RLOD, fwd R commence to face M);

24 {basic ending} Sd R, -, XLIB, rec R [RLOD] (Sd L, -, XRIB, rec L folding in front of M low BFLY);

**PART B:**

**1-4 4 TRAVELING CROSS CHASSES ; ; ; FACE CENTER ;**

1-4 {traveling cross chasse} Fwd L slight LF turn, -, sd R, XLIF (W bk R slight LF turn, -, bk & sd L, XRIF); turning RF fwd R, -, sd & fwd L, XRIF (W bk L turning RF, -, bk & sd R, XLIF); fwd L turning slightly LF, -, sd & fwd R, XLIF (W bk R slight LF turn, -, bk & sd L, XRIF); turning RF fwd R, -, sd & fwd L to face center, XRIF (W bk L turning RF, -, bk & sd R, XLIF);

**5-8 LUNGE BASIC TWICE ; ; RIGHT TURN OUTSIDE ROLL ; BASIC ENDING ;**

5-6 {lunge basics} Sd L, -, rec R, XLIF (XRIF); Sd R, -, rec L, XRIF (XLIF);

7 {right turn outside roll} Crossing in front of W sd & bk L face LOD, -, sd & bk R turning RF to face WALL lead W under joined lead arms, XLIF of R face WALL (fwd R LOD commence RF twirl under lead arms, -, twirl L, R to face);

8 {basic ending} Sd R, -, XLIB, rec R (Sd L, -, XRIB, rec L);

**9-12 LEFT TURN INSIDE ROLL ; OPEN BASIC ENDING TO FACE [RLOD] ; SWITCHES ; ;**

9 {left turn inside roll} Fwd L turning LF to face COH, -, sd R, XLIF (bk R turning LF ¼, -, sd L turning LF under lead arms, sd R continue turning LF to face partner);

10 {open basic ending} Sd R, -, turning to ½ OP break bk L, rec R stay in ½ OP [RLOD];

11-12 {switches} fwd L changing sides & sharply turning RF to left ½ OP, -, fwd R, fwd L (W fwd R, -, fwd L, fwd R) to end in left ½ OP/LOD; fwd R, -, fwd L, fwd R (W fwd L changing sides & sharply turning RF to ½ OP, -, fwd R, fwd L) to end in ½ OP;

**13-16 SIDE BASIC ; OPEN BREAK ; BOLERO WHEEL 6 ; ;**

13 {side basic} Sd L blending to face center, -, XRIB, rec L;

14 {open break} Sd R, -, rk apt L, rec R;

15-15 {bolero wheel} Fwd L, -, fwd R, fwd L (fwd R, -, fwd L, fwd R); fwd R, -, fwd L, cl R (fwd L, -, fwd R, cl L);

**17-20 MAN CHANGE SIDES UNDERARM TURN ; BASIC ENDING ; SIDE BASIC ; SWEETHEART WRAP ~ LADY TRANS ~ LEFT FOOT [LOD] ;**

17 {man change sides underarm} Fwd L turning left face under joined lead hands, -, sd R, XLIF [WALL] (fwd R, -, sd L, XRIF);

- 18 {basic ending} Sd R, -, XLIB, rec R (Sd L, -, XRIB, rec L);  
 19 {side basic} Sd L, -, XRIB, rec L;  
 20 {sweetheart wrap lady trans} Sd R, -, XLIB bringing lead hands around W head to wrap, rec R [LOD] (W sd L, -, XRIF turning LF under joined lead hands to wrap position face DW, -);

### INTERLUDE

#### 1-4 SWEETHEART RUN 6 ; ; SWEETHEART SWITCH ; LADY ACROSS ;

- 1-2 {sweetheart runs} Loose wrap position same foot fwd L, -, fwd R, fwd L; Fwd R, -, fwd L, fwd R commence right face turn;  
 3 {sweetheart switch} Continuing in loose wrapped position fwd & sd L across W turning RF face, -, continuing turn to LOD moving W to left side fwd R, fwd L;  
 4 {lady across} Fwd R small step moving W across body, -, fwd L, fwd R (W fwd R across M, -, fwd L, fwd R) end wrap position shaping to DLW;

#### 5-8 SHADOW LUNGE BASIC ; SHADOW LUNGE ~ LADY TURN TRANS TO FC ; BASIC ; ;

- 5 {shadow lunge basic} Releasing hands both turn right to face wall lunge sd L extend left arms, -, rec R bringing arms in, XLIF;  
 6 {shadow lunge lady transition to face} Lunge sd R extend R arms, -, rec L, cl R (W lunge sd R, -, rec L turning LF to face M, -) to CP face wall;  
 7-8 {basics} Sd L blending to loose CP, -, XRIB, rec L; Sd R, -, XLIB, rec R;

### PART C:

#### 1-4 SWEETHEART RUN 6 BOTH FACE WALL ; ; SHADOW LUNGE BASIC ; SHADOW LUNGE ~ LADY TURN TRANS TO FACE ;

- 1-2 {sweetheart runs} Wrap position same foot fwd L, -, fwd R, fwd L; Fwd R, -, fwd L, fwd R commence R face turn;  
 3 {shadow lunge basic} Releasing hands turn right to face wall lunge sd L extend left arms, -, rec R bringing arms in, XLIF;  
 4 {shadow lunge lady transition to face} Lunge sd R extend R arms, -, rec L, cl R (W lunge sd R, -, rec L turning LF face M, -) to CP to face;

#### 5-8 BASIC ; ; UNDERARM TURN HANDSHAKE ; SHADOW BREAK ;

- 5-6 {basic} Sd L blending to loose CP, -, XRIB, rec L; Sd R, -, XLIB, rec R;  
 7 {underarm turn handshake} Sd L, -, XRIB, rec L (Sd R commence to turn RF under lead arms, -, XLIF turning to face RLOD, fwd R commence to face M) joining R hands;  
 8 {shadow break} Sd R, -, turn ¼ LF rk bk L, rec fwd R to face;

#### 9-12 SHADOW BREAK TO STACKED HANDS LEFT OVER RIGHT ; OPEN BREAK TO TANDEM RLOD IN VARSU ; SWEETHEART TWICE ; ;

- 9 {shadow break} Sd L, -, turn ¼ RF rk bk R, rec fwd L to face stacking hands L over R;  
 10 {open break to tandem varsu} Sd R, -, apt L, fwd R turning ¼ RF to face RLOD (Sd L, -, apt R, fwd L turning ¼ LF to momentary Varsu);  
 11-12 {sweethearts} Sd L, -, fwd R w/ slight RF body turn [R hands high], rec L (sd R, -, bk L w/ slight LF body turn, rec R); Sd R, -, fwd L w/ slight LF turn [L hands high], rec R (sd L, -, bk R w/ slight RF turn, rec L);

#### 13-16 SWIVEL LADY TO CROSS BODY ; OPEN BASIC ENDING ; FORWARD AND RUN 2 TWICE [LOD] ; ;

- 13 {swivel lady to cross body} Sd L lowering L hands in front of W's leading her to swivel RF, -, slip bk R, fwd L [WALL] (fwd R swiveling RF ½ to face M & DLW, -, fwd L to Wall, sd R to face partner);  
 14 {open basic ending} Sd R, -, turning to ½ OP break bk L, rec R stay in OP;  
 15-16 {forward run 2} Fwd L, -, fwd R, fwd L; fwd R, -, fwd L, fwd R;

**17-18 PREPARE AIDA ; AIDA LINE SWITCH RECOVER ;**

- 17 {prepare aida} Fwd L, -, fwd R commence RF turn shaping to partner, sd & bk L (fwd R, -, fwd L, sd & bk R) [LOD];
- 18 {aida line switch rec} Continue RF turn bk R (bk L), sweeping arms back and up, turning LF (RF) bringing joined hands thru to face partner [WALL] side L (R) checking, recover R (L);

**ENDING:****1-4 BASIC ; ; LUNGE BASIC TWICE ; CLOSING UP ;**

- 1-2 {basic} Sd L blending to loose CP, -, XRIB, rec L; Sd R, -, XLIB, rec R;
- 3-4 {lunge basics} Sd L, -, rec R, XLIF (XRIF); Sd R, -, rec L, XRIF (XLIF) blending to closed;

**5 SIDE CORTE ;**

- 5 {side corte} Sd L lowering leaving R leg extended, -, -, -;

**HEAD CUES**

*Sequence:* Intro, A, B, Interlude, A, B, C, Ending

**INTRO**

WAIT 2 Measures;;

Open Basic Twice;; Left Turn Inside Roll; Basic Ending;

Left Turn Inside Roll; Basic Ending;

**PART A**

Underarm Turn; Open Break; Change Sides Underarm; Basic Ending;

Twisty Basic;; Right Turn Outside Roll; Basic Ending; Basic;;

Lunge Basic Twice;; Underarm Turn; Open Break; Open Basic Twice;

Picking Up to Line; Triple Traveler;;; Basic Ending; 3 Alternating Underarm Turns Ladies;

Men; Ladies; Basic Ending PU Reverse Low BFLY;

**PART B**

4 Travelling Cross Chasses;;; Face Center; Lunge Basic Twice;;

Right Turn Outside Roll; Basic Ending; PU Left Turn Inside Roll;

Open Basic Ending to Face Reverse; Switches;; Side Basic; Open Break; Bolero Wheel 6;;

Man Change Sides Underarm Turn; Basic Ending; Side Basic;

Sweetheart Wrap ~ Lady Trans ~ Left Foot Face Line;

**INTERLUDE**

Sweetheart Run 6;; Sweetheart Switch; Lady Across; Shadow Lunge Basic;

Shadow Lunge ~ Lady Turn Trans to Face; Basic;;

**PART A****PART B****PART C**

Sweetheart Run 6; Both Face Wall; Shadow Lunge Basic;

Shadow Lunge ~ Lady Turn Trans to Face; Basic;; Underarm Turn Handshake;

Shadow Break; Shadow Break to Stacked Hands L over R;; Open Break Tandem RLOD In Varsu;

Sweetheart Twice;; Swivel Lady to Cross Body; Open Basic Ending;

Forward and Run 2 Twice to Face;; Prepare Aida; Aida Line Switch Recover;

**ENDING**

Basic;; Lunge Basic Twice; Closing Up; Side Corte;